GEHLEN CATHOLIC ELEMENTARY

NEWS FROM THE NEST!



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Friday, Oct. 20, 2023

BIRDS STUDENTS AND CLASSES OF THE WEEK!

PK- MRS. BICKFORD: KAMRYN SITZMANN **PK- MRS. SCHREINER: ETHAN HARRIS** TK- MRS. CHRISTOFFEL: HARRIET PEREZ K- MRS. BOLLIN: MACKENZIE SCHINDLER K- MRS. SCHMIT: BECKETT FREKING 1ST- MRS. SHOUP: KALI HOFFMANN 1ST- MRS. SINGER: NORA BERTLING 2ND- MRS. FREKING: HUXLEE SITZMANN 2ND- MRS. JASPERS: KNOX WENDT

3RD- MS. ALTMAN: EVIE SCHIPPER 3RD- MRS. KOOPMAN/BEITELSPACHER: EMMETT CONGER

4TH- MRS. HATTING: ALLYSON VANEGAS

4TH- MRS. HERBST: KOLTEN FOURIE

5TH- MRS. BOEHMER: MASON SCHILLING

5TH- MRS. NEARY: NORAH TILLMAN

6TH- MRS. CLYMER: LANDON SITZMANN

6TH- MRS. WHITEHEAD: KADEN SHEA

ART- MRS. SCHLICHTE: OWEN SMALL

PE/COMPUTERS- MR. CARLSON:

GUIDANCE- MRS. BRADY: EMERSON FALKENA

LIBRARY- MRS. EVANS: ABIGAIL MORA **MUSIC- MRS. ZENK: KAYLEE MEISTER**



CONGRATULATIONS TO MRS. SHOUP'S NEARY'S CLASS FOR EARNING THE

MOST BIRD TRACKS THIS WEEK!





REMINDERS!

Wednesday, Oct. 25-1:20 dismissal

Friday, Oct. 27- Fine Arts Jeans Day-Jeans & Gehlen shirts \$2. Students may also bring Halloween Costumes to school as we will celebrate on this day.

Tuesday, Oct. 31- Free Black & Orange day for Halloween. Appropriate comfy bottoms.

Wednesday, Nov. 1- All Saints Day Mass-families welcome!

Friday, Nov. 3- Picture Retakes

This year's gospel value is faith ~Matthew 14:22-33

Counselor's Corner!



Hello Gehlen Elementary Families!

It's been a busy start to the school year in Guidance classes! All students in grades Preschool through 6th grade have been learning about friendship and bullying. Preschool through 3rd graders have talked a lot about how they can be a good friend this year. Students in grades 4th through 6th grade have talked more in depth about cyber bullying and internet security. How can you reinforce what your child has learned in Guidance class? Ask them questions! Ask your child what they can do this year to focus on being a buddy to others.

If you have a 4th, 5th, or 6th grade student, also ask them about how they can be safe when they are online! The upper elementary students have been working on their own internet safety plans for home. Have some very important discussions about how they can use their technology wisely. Some of your discussion can be focused around the following:

- Use age appropriate apps, websites, and games
- THINK before you post
- Set time restrictions for electronics
- Talk only to people you know
- Report concerns when needed
- Be aware how to block or use security settings
- Don't share personal information





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