

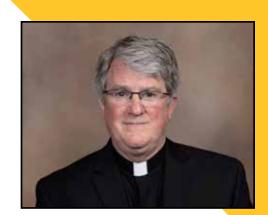
Cafeteria and Kitchen Remodel and Expansion led by Gehlen Catholic Alumni

// feature

Dear Alumni and Friends,

As I write this in late May, teachers wrap up the 2021-2022 school year today, but for students, summer vacation began yesterday. And don't we all have warm memories of that joyful feeling that goes with 3 months of freedom lying open before us? After nine months of school routine, everyone is ready for a break!

I want to thank our faculty and staff for their diligent and hard work this past year. We did not have the burden of covid protocols complicating things as we did the previous year, but in any year, teaching is a demanding profession, (perhaps evidenced by the fact that there is a nation-wide teacher shortage) and we are grateful to have so many committed to the profession, and to serving here at Gehlen Catholic.



In all, it has been a good year.

- Thanks to the efforts of our dedicated faculty and staff, our students had the opportunity to grow in numerous subject disciplines taught in every school. But even more, they had the opportunity to grow in their Catholic Faith, the reason why Gehlen Catholic exists. In our secular and secularized world, the strong Faith-based education of Gehlen Catholic is more necessary than ever.
- After a 2-year Covid hiatus which forced us on-line, we had a very successful "in-person" Gehlen Ball this
 Spring, and "a good time was had by all." Besides being a great social event for Gehlen supporters, not
 only did this year's Ball generate funds for our general operating budget, but also raised funds ear marked
 for replacement of the main entrance doors and upgraded security cameras. (With the school shooting
 in Uvalde, Texas still in the news as I write this, building security is more important than ever, and we are
 grateful to those whose generosity made these upgrades possible.)
- This project, coupled with the in-process kitchen remodel and cafeteria expansion which should be completed by August makes it an exciting time for our school as we continue to look to the future: Catholic Education in Le Mars approaches its 150th anniversary, having begun first through the parish schools at St. James and St. Joseph, and since the early '50s at Gehlen Catholic.

As our students revel in summer freedom, may these months be relaxing and refreshing for all of you as well. But please remember, there is no "vacation from vocation," and our fundamental vocation, whether as clergy, religious or laity, is the regular practice of our Faith. Don't forget, when weekending at the lake or campground or travelling to find a Catholic Church where you can give God proper worship by attending Mass, thank him for your many blessings, and offer God the gift of your life, as we do each week at the preparation of the gifts when the collection is taken up and brought forward with the bread and wine

God's blessings

Rev. Brenz Dlawler

Fr. Bruce Lawler

President, Gehlen Catholic School

Pastor, All Saints Parish Le Mars and St. Joseph Parish Ellendale

The Heart of the School \$2.5 million campaign has been in full swing as the kitchen and cafeteria go through an expansion and major remodel.

This area of the building has not seen major improvements since the opening of the school in 1953.

Not only will this project allow for more space for students, families and guests, but it will also include air conditioning for the kitchen and cafeteria, designated concession stand room, allergen room for food safety, reliable kitchen equipment, and a redesigned trophy and awards case.

Many Gehlen Catholic alumni whom once dined in this space, now find themselves working on the project for their alma mater.

Two of these individuals include Brittney (Schlichte, '09) Ruba and Ryan Wiltgen ('89). Hear how this project has excited and pushed them in their job roles.

Q: Official title and number of years in the role.Ruba: Principal at FEH Design for 8 yearsWiltgen: President of Wiltgen Brothers Inc. for 16 years

Q: Why is it neat to come back and work on a space that you once ate lunch in?

Ruba: Having been a 'dish washer' when I was in school, it is really a joy to reinvent the kitchen and cafeteria space and make it better for all who use it. My profession is to be a problem solver and I really strived to improve and expand the daily use of the Cafeteria for Gehlen Catholic.



Student "supervisors" watch the big trucks at work.



Ryan Wiltgen ('89) and Brittney (Schlichte, '09) Ruba

Wiltgen: Anytime you can take something you have been a part of and make it better is exciting. Thinking how lucky I am to be part of something that will improve the daily routines of so many people I know for years to come.

Q: How does this project stand out from others you have worked on?

Ruba: With my other school projects, I get to only hear how the project helps the school from the members that I talk with once the project is complete. With my children going to Gehlen, I will be able to see and experience the improvements to the school for years to come.

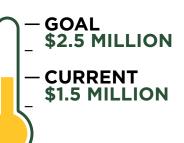
Wiltgen: Most of our cafeterias we have worked on have been new or small upgrades. This is the first full scale remodel with an addition on a cafeteria we have done. Going to work each day seeing all the kids and family wave through the window or holler at us from the playground. Discussing progress with the basketball team during practice or answering questions at the dinner table.

Q: What final result do you hope to get from this particular project?

Ruba: This is an exciting project for Gehlen Catholic and I hope people are delighted with the changes and how it helps improve the function of the school. Not only for lunch, but also concessions, an alternative location for meetings, and anything else the cafeteria will be used for.

2

Left to right: Drew Kellen ('10), Todd Ellensohn ('05), Alex Kellen ('15), Doug Langel ('81), Brandy (Nohava) Sanchez ('05), Bruce Kellen ('84), Rik Wiltgen ('96), Ryan Wiltgen ('89) Brock Nohava ('15), Corey Sitzmann ('14), Blake Wiltgen ('14), Jeremy Sitzmann ('94), Jim Shrader ('90), Dave Schipper ('90), Brittany Ruba ('09), Robb Wiltgen ('92), Paul Freking ('76)









donate.onecause.com/heartoftheschool

to donate, see renderings and progress photos.

Wiltgen: A bright new spacious area which that will WOW the staff, students, alumni, and visitors. Of course, a more economical, efficient. and comfortable working environment for the kitchen staff to prepare meals.

Q: What is something exciting you think students, families, and our community should look forward to after the completion of this project? Ruba: I am excited for all the students, families, and community members to use the modernized space. This space will have multiple areas of faith and school pride featured, an efficient flow for people in the space, large windows, air conditioning, and updated technology.

Wiltgen: Symbols of our Catholic faith with the graphic of last supper by the condiment station and prayer before meals on the north serving wall.

Q: Explain how it feels to work on a project with a large number of Gehlen Catholic alumni.

Ruba: Everyone on the project has a deeper connection and passion for the project. They want everything to be perfect and be proud of it for years to

Wiltgen: It's great, we are all tied together with a common goal, providing a new exciting environment for our kids, grandkids, friends and family can be proud of for years to

In gratitude for God's blessings, I/we pledge a total of \$_____ in support of Gehlen Catholic's Cafeteria Renovation. We/I have enclosed an initial gift of \$_ TIMING OF MY/OUR GIFT - METHOD OF PAYMENT _ Monthly Cash/Checking Automatically deduct from checking/savings Quarterly Commodities __ Annually Mututal Fund/Stock Please describe__ IRA/Annuity Please describe_ Signature _____ Please remit payment to: Gehlen Catholic Schools • Attn: Development Office 709 Plymouth St NE • Le Mars, IA 51031

Longtime PreK-6 Principal Retired



Mrs. Lorie Nussbaum retired from the PreK-6 Principal position after the 2020-2021 school year. Over the years, she has worked alongside so many staff and students in her different teaching and leadership capacities.

What year did you start at Gehlen Catholic?

I started in August 1978 in a 1-year position to cover for a sister who was taking a sabbatical to work at her motherhouse. (She never returned.)

When you started, what class did you teach and how did you work your way to Principal?

I taught Home Arts (now known as Family and Consumer Sciences). I also taught 8th-grade religion for a few years as well as developed and taught exploratory classes for junior high students. I have always had a love for curriculum and began to explore opportunities to do more of that type of work. I moved into studying administration as curriculum work is part of that role. I completed a master's degree in secondary administration and added to that to include elementary and

middle school. After 19 years in the classroom, I moved into the elementary principal position, serving there for 23 years.

Tell us about one of your funniest memories.

During a foods class, there was some commotion in one of the kitchen areas. I walked over to check out what was happening. As I moved closer, the students parted (like the Red Sea) and a student with his back to the sink, turned thinking he was going to be facing his friends. He held the water sprayer in his hand and as he turned, he hit it full force and sprayed me instead of his friends. I was soaked from head to toe. My hair was dripping and my clothes were wet and sticking to my skin. Silence took over the group. The student was mortified. I quietly said, "I think we need to sit." (It took everything not to burst out laughing.)

Why do you believe Gehlen Catholic

was a special place to work? Gehlen Catholic is such a special place to work for several reasons. First, it is special because of the fact that faith is part of everything we do. The late Tom Skram and I chatted about this and we concluded it is because the Holy Spirit is alive within the school. Secondly, it is because of the people - the students, faculty, staff, families, priests and sisters who serve and have served, the parishes who support the school, and the many, many generous benefactors who continue to share their talents and treasures to allow Gehlen Catholic to continue to grow in service to

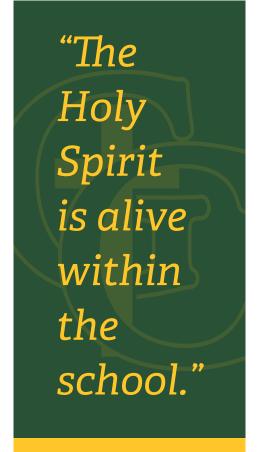
staff impact

What do you miss most? I most miss the people and the daily shared faith experiences.

What are you most excited about in retirement?

I am most excited to spend time with my husband as well as my children, grandchildren, and siblings. I look forward to enjoying my hobbies - cooking, quilting, and reading.

What message would you like to tell all of your former students? I would tell them to hold onto their faith, cherish it, live it, and share it with others. Listen to God's voice as He has a plan for you that only you can do. Find joy in every situation. It is there. Seek it!



Gehlen Catholic Mission Honduras Leader, Carolyn Bickford, Steps Down

Gehlen Catholic's Mission Honduras (GCMH) leader, Carolyn Bickford, has decided to step down after many years of dedication and leadership to the program.

Bickford has been an integral part of Gehlen Catholic since 1979 when she started teaching at the school as a Junior High Language Arts teacher. With a passion for teaching and a love of guiding students, Bickford was naturally curious about the Gehlen Catholic Mission Honduras (GCMH) program that began in 2001 under the direction of a fellow coworker, Richard Sievert. Her son, Drew Bickford, went on the second ever GCMH team trip in 2002 which deepened the interest of Bickford herself.

"When Drew came back home from his trip, he was pumped and talked very highly of the experience," said Bickford.

Only a couple of years after her son returned from his first mission trip, Bickford decided that in 2004, she wanted to enter Honduras for the first time. Unfortunately, her trip never came to conception. Bickford's husband of 28 years, Daniel, lost his battle to cancer only a couple of weeks prior to when the team was supposed to leave for Honduras.

The following year, in 2005, Bickford still felt called to chaperone a trip to Honduras and assumed it would be her one and only. Little did she know that after meeting the Honduran people in 2005 and experiencing a mission trip first hand, her future was about to change.

"My change took place early in my mission trips. Of course, I'd expected to chaperone my one mission trip and be done. But being around those in poverty really changed my view of the way I thought of certain people. I am more open to understanding that we are so lucky to have been born in the U.S. with almost limitless opportunities if we choose to take advantage of them," Bickford explains.

After returning to the school building from her first trip, Bickford requested that she be allowed to take time off during the school year to go on every mission trip from here on out as she felt the need to go back to Honduras. Bickford did not understand the impact of her first trip until she was asked to speak at a retreat and talk about mission work. It was during her actual talk where she realized what her first trip had done to her.



"Honduras healed my heart after a year of grieving," explained Bickford. "During my time there, I was able to focus on others and not be so invested in myself. It was also impactful because we dedicated the medical clinic annex in Dan's name. It ensured that our family will always have a special connection with Honduras and its people."

After many years of chaperoning, Bickford officially took over GCMH in 2014 where she oversaw trip organization prior to takeoff and the entire operation once missioners stepped foot in Honduras. It is on these trips where many young adults learned lessons they wouldn't forget through water projects, building homes, gardens, bunk beds and so much more.

"Although this has been an extremely difficult decision, I feel it is the right time in my life to let someone else have the wonderful mission work opportunity that I've had. I hope to guide my replacement as they take over. I also want to be more involved with Then Feed Just One and Mission Honduras Le Mars," explained Bickford.

"Jesus told us to LOVE each other. Our purpose is to serve the poor - whether those people are in Le Mars, or in the U.S., or in Honduras. If we can teach them skills to help keep them out of poverty, then we should, if possible, but in the meantime, we can't ignore those who have very little to nothing right now," Bickford said.

Gehlen Catholic Volleyball Coach Mike Meyer Steps Down After 16 Years



Head Volleyball Coach Mike Meyer has decided to retire after his 16th season at Gehlen Catholic.

"It was not a decision that came easily for me, but it is one that I have been considering the last few years," explained Meyer.

Meyer established a winning program to wear you out. As I got that was highly respected on the court. He coached a total of 104 athletes, made 11 state tournament

the Iowa Girls Coaches Association All-State Team.

"I am really grateful that I had the chance to rediscover my love for coaching and volleyball while at Gehlen Catholic," said Meyer.

This past season, Meyer also celebrated his 1,000th win in his collegiate and high school career, plus being selected as the 2020-21 Iowa Girls Volleyball Coach of the Year.

"I have been doing this for 42 years and it begins older, I got wiser in some things. I may not have had as much energy,

appearances, and had 18 players make but sometimes that was good," said Meyer.

// staff impact

Although Meyer has entered retirement in his coaching career, he still plans to teach at Gehlen Catholic School for the '22-'23 school year where he will continue to make an impact in the classroom.



Schlesser Received the Good Shepherd Award

Gehlen Catholic's Director of Maintenance & Transportation, Mark Schlesser, has been selected to receive the Good Shepherd Award from the Diocese of Sioux City Catholic Schools.

The award is eligible for any diocesan school employee who is admired, respected and held in high regard by fellow peers, students and parents. They routinely go above and beyond the call of duty enthusiastically promoting the mission of the school.

When asked about the award, Schlesser said, "I was very surprised and humbled when I was notified about the award. I am very thankful to be able to show up for work and do my job duties to my abilities and also to work with a lot of grateful people."

Schlesser was nominated for the Good Shepherd Award by fellow colleagues. One nominator described Schlesser as, "Selfless, hardworking and kind. He always treats his staff with respect and kindness and spends countless unnoticed hours at our school."

Schlesser has served Gehlen Catholic for a total of 13 years and continues to demonstrate a true passion for his job and those he works with.



Mark Schlesser with wife, Shelly on left and Superintendent, Patty Lansink on right.

Geft to mow our principal

Mr. Pete Haefs. 7-12 Principal

O: Where is your hometown?

A: Hinton, Iowa

Q: What are your hobbies?

A: Reading, hiking, working with my hands (repairs,

renovation, working on vehicles) O: Tell us about your schooling. A: Graduate from Hinton, BA in Education and History from Briar Cliff, Master's from Wayne State, Dissertation phase of EdD from Creighton.

Q: Explain your prior work experience.

A: I worked a variety of manual labor jobs before entering education as a history teacher in Hinton at the age of 30. My first principalship was at Remsen St. Mary's as a PK-12 administrator. I then moved to Kuemper in Carroll as the 9-12 principal and am now happily the 7-12 principal here at Gehlen.

Q: Tell us about your family.

A: My wife Mendy is also an educator and we have been married for 25 wonderful years. Our oldest Daughter Bre is 24 and works in retail and as a dietary aide at a nursing home. Our son Draven is 22 and just graduated with a degree from NYU. Our youngest Aislinn is working here locally and engaged to be married.

Q: Why did you feel led to Gehlen Catholic?

A: I have always tried to remain open to God's whispers in my life to follow His path. I attribute the amount of times I have moved to that. I felt a tug as soon as I heard of the need here. Then my practical side stepped in and said "what are you thinking?". I turned that over to prayer and let God gently lead me towards the journey here.

Q: What do you hope to achieve while at Gehlen?

A: I hope to be able to not only grown in my own faith or professionally, but act as a facilitator of those same things for my staff and students.

Q: What has been the best part of your job so far?

A: The wonderful people in such a deeply faithful community.

Q: Tell us a fun fact about you.

A: Mr. Haefs's motorcycle 1, Deer 0

I am deeply blessed to be here and am so excited to spend a full academic year with my new Gehlen Family next year!

Mrs. Andrea Loutsch. **PreK-6 Principal**

O: Where is your hometown?

A: Le Mars. Iowa

Q: What are your hobbies?

A: Reading, attending sporting events, spending time with family & friends

Q: Tell us about your schooling.

A: I graduated from LCHS, received my BA and 1st Masters degree from Morningside University, received my 2nd Masters in Educational Administration from the University of Northern Iowa and will finish my Doctoral degree in Educational Leadership from UNI next May!

Q: Explain your prior work experience.

A I have been a principal for 4 years. I also was a professor at Northwestern College in early childhood and literacy. I taught 1st, 3rd and Title I Reading in Sioux City.

Q: Tell us about your family.

A: My husband, Joe, and I have been married for 10 years. We have 2 boys, Carson (8) and Brighton (7) and twin girls, Nora & Gabriela (4).

Q: Why did you feel led to Gehlen Catholic?

A: When I became a principal, I knew I wanted to spend my time working in Educational Leadership, but also working towards the Kingdom. When my own children began at Gehlen, I felt like this is where God was calling me. Little did I know that in three short years, this would become a reality!

Q: What do you hope to achieve while at Gehlen?

A: Our main mission is to help raise children in the ways of Christ. To me, this means working towards teaching the "whole" child and making sure we have nurtured and sewn seeds into each part of their lives. We want our students to grow spiritually, academically, socially, emotionally and remember that they are all created in the image and likeness of God.

Q: What has been the best part of your job so far?

A: Professionally, it's the amazing dedication and worth ethic of our teachers. To be on this journey with them has been a tremendous blessing! Personally, to see my own children every day and the ability to spend more time with them...nothing has been better! I work even harder knowing that the long hours and late nights are going to have a direct impact on them.

Q: Tell us a fun fact about you.

A: I am bilingual in Spanish! I minored in Spanish in college and spent time in Puerto Rico when I was an undergrad.

I am so grateful to the Gehlen community for giving me the opportunity to help lead our school. Being an administrator is an exceptionally difficult position, and one that I do not take lightly or for granted. I could not feel more blessed than to be here with you all!



Catholic Ball

A Roarin' Success at Friends of Gehlen

The Friends of Gehlen Catholic Ball was a roarin' success with a grand total of \$330,731 raised for the school.

"We have been fundraising for this event since last summer, and in the past few months our committee and volunteers have worked extremely hard to continue selling tickets and bring in donations. Their hard work has paid off," said Amy Jungers, Development Director.

During the program, General Chairs, Mark & Shelly Kallsen, along with Shawn & Jenni Vacura addressed the crowd and thanked them for their support and dedication to the 35th annual fundraiser.

Seniors, Logan Dreckman and Emma Bogen, were student speakers at the event and shared how benefactors are making a huge impact on each student and the entire school. Their speech ended with a special shout out of gratitude to their parents.

Keeping in tradition, the Spirit of Peter and Catherine Gehlen Award was presented for the 25th year in a row. This prestigious award brings recognition to person(s) who exemplify the gospel ideals taught at Gehlen Catholic School. This year, the award was presented In Memory of Larry Ruhland.

Brock Auction Company brought a new element to the program with leading a live auction for 8 items which brought in \$30,175 to the grand total.



Dustan Kneip ('14) smiles with his grandmother, Ruth Kneip and wife, Sadie (Freking, '14) Kneip



Mark Kallsen ('94), Shelly Kallsen, Jenni (Ruhland, '94) Vacura, Shawn Vacura, Tim Langel ('03), Julie Langel, Liz McDougall, Devon McDougall

The Fund-A-Cause to raise money for 4 new outside front doors, an enhanced security system and front door decals raised over \$64,000.

"It was a spectacular evening all around! Our school and committee are truly humbled by the entire experience and the generosity our community and Gehlen Catholic family exhibited," explained Jungers.



Seniors, Emma Bogen and and Logan Dreckman, talk about how Gehlen has prepared them for their future



Jaywalk-a-thon Returns to Gehlen Catholic and Raises over \$46,000

Students prayed over intentions during a lap of silence and then

dropped them in acrylic cross.

Jaywalk-a-thon returned to Gehlen Catholic on Friday, October 1st at the Gehlen Catholic football field and track.

Students walked the track with friends and family members for a half hour beginning with reflection with Chaplain, Fr. Travis Crotty, and then moved into prayer for special intentions. The last part of the half hour consisted of fun, upbeat music while walking with classmates, friends and family.

"This fundraiser was a wonderful opportunity to not only raise money for our school to promote the good works of evangelization and catechesis, but also to bring our community together in prayer. All of us have many intentions on our hearts, and to be able to share those with one another and lift one another up in prayer is what we are about at Gehlen Catholic," shared Fr. Crotty.

Every student decorated a prayer rock showing the specific intention they walked for during Jaywalk-athon Day. The track was surrounded in prayer rocks for walkers to read throughout the day.

"The day consisted of faith, family, friends, fun and fitness. With this combination, it was our goal to make it a day to remember for all who were involved," explained Jungers.



Family and community members were invited to come walk. Lisa (Dreckman, '74) Puetz, Kari Puetz, and Landri Puetz.



Evie Schipper with brother, Devan Schipper ('11).



walking track during Jaywalk-a-thon.



Students painted rocks with intentions to place around the



and retired teacher, Mrs. Mary Hartman who sits next to 5th grade teacher, Kathy Neary.



Fr. Crotty led students and walkers in prayer and

Helping Hands Serve 4 Million People Since 2005

The hands of Gehlen Catholic students, Spalding Catholic students and local community members have fed the mouths of 4 million people.

A Then Feed Just One Packing event took place at Gehlen Catholic on Friday, May 6 where the 4 millionth meal was packaged since 2005 that will help feed hungry and malnourished children.

"When you begin to use the word 'million' in terms of anything it seems like it takes on more significance, and 4 million definitely increases that feeling of more importance. But, no matter the number, the most important thing about 4 million is the children who have benefited from this effort," said Dick Seivert, the director of Then Feed Just One.

These 4 million meals were packed over the years by Spalding Catholic and Gehlen Catholic combined, plus with the help of their families, community members and local businesses.

"The other equally important thing with a number like 4 million are those children and adults from Gehlen, Spalding, and the surrounding area that actually made this happen through their combined efforts, those from the past and those in the present. Each and everyone of them has made a difference in this world." Seivert added.



The hands of Gehlen Catholic students, Spalding Catholic students and local community members have fed the mouths of 4 million people since 2005. This year alone, 181,872 meals were packaged.





FALL SERVICE DAY GIFT BA



ADVENT GIFT BAGS



Elementary students created artwork to use as decorations for a local community fundraiser, sent letters to seminarians and assisted in the Advent Gift Bag project for special friends in the nursing homes, assisted living homes, and for some of the elderly in our parish.

Gehlen Catholic Mission Honduras Send Off

On Tuesday, March 15, Gehlen Catholic School sent off 37 missioners to Honduras made up of Gehlen Catholic students, Remsen St. Mary's students and adults.

A mission trip has not been conducted by the school since March 2019 due to the pandemic.

During the send-off, students joined in prayer, viewed a slideshow of the previous mission trip, and heard about projects the missioners would help with. In addition, each missioner wrote a statement explaining why they were going on the trip and whom they dedicated their trip to.

Ryan Livermore, a Gehlen Catholic senior, shared why he planned to go on the mission trip, "I have had a number of cousins and siblings go on this trip, and I have always wanted to go. I want to understand why they said it was a life changing experience."

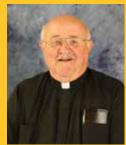
One of the most powerful portions of the send-off was the blessing over the missioners and their bags that they would carry into Honduras. The missioners then bid farewell to their families.

As the missioners walked to the bus, their peers lined the hallways and laid a hand on each missioner's bag as they passed. This symbolized that the school would be praying for them and for the Honduran people.



// serving hands

Estate Gift Blesses Gehlen Catholic



Gehlen Catholic Schools was a recipient of a \$222,008.47 bequest from former pastor and high school principal, Father John McGuirk, who died Feb. 3, 2021.

"We are humbled by Father McGuirk's generosity to the Catholic school where he was faculty from 1980-1985 while serving as pastor at St. Joseph Struble. His forethought in including Gehlen and other diocesan schools serves as a wonderful example of planning and stewardship," said Father Bruce Lawler, president of Gehlen Catholic School and pastor of Le Mars All Saints Parish.

The funds will be utilized in multiple ways to help current and future students at Gehlen Catholic. The majority of the bequest will be deposited into the Gehlen Catholic Endowment Fund to help the school well into the future, with some funds going to the cafeteria remodel and expansion project now underway, and a portion to assist with the daily operation of the school.

"Our students will reap the benefits for many years to come," added Lawler.

Students For Life Makes Impact







The Students for Life organization held a Pro-Life Mass, set up a crosses for life memorial in our courtyard and made an outreach video this year.

// great day to be a jay



Cheerleaders, Fr. Crotty and Christian Leadership Team students greeted students on the first day of school



in a lifetime date - 2/22/22!



Carver Ruhland competed at the State Cross Country Meet.



4th grader, Kinley Bonderson made her very own ugly Christmas sweater.



Vivian Geha celebrates the 100th day of school in





Alumni and community members gathered for the school's annual Chamber Coffee. Pictured are Rachael Heuertz-Nelson ('11), Mitch Christoffel ('11), Peggy Sitzmann and Chamber Member.

lot with tractors.



Elementary students and teachers joined together each week of Advent for a prayer service in the gym.



Students parade from the church to St. Mary statue for May Crowning Ceremony.



Teachers, Kathleen Kessenich, Ashley Jaspers, Ali Freking and Sue Shoup, celebrate Catholic Schools Week.



Gage Anthony learns all about bones and X-Rays in TK.



Junior Cheerleaders. Marissa Koch and Caydence Scheitler, joined the football cheerleaders during a home game.



Gentlemen preparing to march in the band.







Boys Track Team celebrates being 2022 District Champs.



Dads helped in the cafeteria serving hamburgers with big smiles during Dads and Dining. Dads include Fred Hagen, Cory Puetz ('01), Drew Bickford ('02) and Richard Madsen.



Student, Ethan Nuebel,

holds candle along with his

classmates at an all school

All students attended an Advent prayer service before Christmas break.

15 14



Future Plans

Mitchell Augustine

The University of Northern Iowa Major: Finance

Emma Bogen

The University of Iowa Major: Elementary Education with an endorsement in early childhood education

Rvan Budden

Western Iowa Tech Community College Major: Computer Support

Technician

Olivia Bunkers

Iowa State University Major: Accounting

Ludo Colina

Ludo will continue his education in Italy.

Carter DeRocher

Iowa State University Major: Business

Logan Dreckman

Ellsworth Community College Majors: Agribusiness and Farm **Manage**ment

Raine Foreman

The University of Iowa Major: Psychology

Virginia Freking

Western Iowa Tech Community College Major: Early Childhood

Education; Minor: Communications

Abraham (AB) Galvan

Northwest Iowa Community College

Major: Automotive & Light Duty Diesel Technology

Hunter Gloden

South Dakota State University Major: Wildlife and Fisheries Sciences

Hannah Gries

The University of Iowa Major: Marketing

Ethan Herbst

Iowa State University Major: Civil Engineering

Lauren Heying

Des Moines Area Community College

Major: Marketing

Leo Ho

Indiana University Bloomington Major: Business

Evan Johnson

Northwest Iowa Community College Major: Powerline Technology

Alvssa Kolbeck

The University of Iowa Major: Nursing

Ian Lammers

Northwest Iowa Community College Major: Advanced Welding Technology

McKenzie Larson

South Dakota State University Major: Biology

Dylan Lehmann

Iowa Air National Guard Will attend basic training in August in San Antonio The University of Iowa Major: Business

Ryan Livermore

The University of Northern Iowa Major: Accounting

Benedetta Magnani

Benedetta will continue her education in Italy

Madison Mousel

Iowa State University Major: Marketing

Jacqueline Munoz

The University of South Dakota Major: Dental Hygiene

Carver Ruhland

Iowa State University Major: Accounting

Brian Schmit

Iowa State University Major: Animal ecology

Rvlee Schnepf

The University of South Dakota Major: Marketing

Pablo Sevilla Carro

The University of Santiago de Compostela Major: Criminology

John Sheldon

Western Iowa Tech Community College Major: Broadcasting and Multimedia Journalism

Justus Shrader

Western Iowa Tech Community College Major: General Studies

Carson Sitzmann

Ellsworth Community College Major: Agribusiness

Elias Sitzmann

The University of Arizona Major: Physiology on the premedicine track

Kailey Sitzmann

Des Moines Area Community College

Major: Culinary Arts

Larissa Sitzmann

South Dakota State University Major: Animal Science

Emily Steffes

Western Iowa Tech Community College

Major: General Studies Harlie Tesch

Faust Institute of Cosmetology Major: Cosmetology

Linh Tran

The University of Charleston Major: Biochemistry

Yahir Vanegas-Beltran

The University of Iowa Major: Business

Lydia Vaske

Wayne State College Major: Elementary Education

Hannah Zubrod

Iowa State University Major: Animal Science; Minor: Biology, on the pre-veterinary medicine track







Virginia Freking, Madi Mousel, Emma Bogen, Elias Sitzmann, Hannah Gries, Rylee Schnepf and John Sheldon



Brian Schmit and Hunter Gloden



Brent ('94) & Mindy Ruhland place cap on son, Carver



Benedetta Magnani and Jacqueline Munoz

ARE YOU AFRAID OF THE DARK?

Gehlen students took part in the spring play called, *Afraid of the Dark*, on May 5 and 7 in the Tim Dreckman Memorial Gym. There were 20 students involved, 13 of them being cast members led by Director, Mark Morehead. Leading the play were Cadence Goebel, junior, and Mitchell Augustine, senior.



Cast members of "Afraid of the Dark" are, front from left, Cadence Goebel, Zoe Vacura, Mitchell Augustine, and Aspen Mosher. Back row, Josie Scheitler, Leah Langel, Addison Arens, Nolan Nilles, Raine Foreman, Will Harpenau, Kyron Zhang, Braden Bollin, Ellen Hunt; Crew: Abraham Galvan and Aurora Goebel.



2022 GEHLEN CATHOLIC SPRING PLAY MAY 5TH AND 7TH I 7PM TIM DRECKMAN MEMORIAL GYM

ARE YOU AFRAID?

16

Naming the Jaybird

The Gehlen Catholic Cheer Squad decided it was time to officially name the Jaybird! All students were asked to submit ONE name they'd like to give the Jaybird. A selection committee narrowed down the suggestions to 5 and the student body then voted on their favorite. The name was announced during Homecoming week.

The name selected for the Jaybird was.... Drumroll, please....Jay-B! This name was entered by two students, Aubreah Bohnenkamp (3rd grade) and Kendall Haage (4th grade).



Gym Facelift

Thanks to generous donations from the Ruhland family, the gym has received a facelift on a couple of items. New gym mats were donated in Memory of Dorothy Ruhland (1-21-21) and a new scorers table was donated in Memory of Larry Ruhland (9-26-21). Over the years, Larry served on the Gehlen Catholic School Board and created multiple projects for the school and Friends of Gehlen Ball auction.



Wish LIST

PK-12

- Twelve Apostles 8x10 Plaque Icon set for the Chapel. (\$330.00)
- Replace older desks
- Seated risers & chairs for K-12 choir (\$15,000) • Indoor/Outdoor 3 in 1 Chair Set - 4 chairs

Elementary

- SEL (Social/Emotional Learning) Curriculum & Positive Behavior for Elementary Students State Supported Curriculum (\$3,000.00)
- 10 Merriam-Webster's Intermediate Dictionary, Hardcover - Mrs. Hatting's class \$21.97/ea. (\$219.70)
- Junior High-High School
- Go Direct Radiation Monitor for college chemistry class (\$179)
- Radioactive Sources (\$175)
- 4 Sphygomomanometers (\$185/ea)
- Replace student desks (\$160 each)
- 40-45 hardcover Holt McDougal 9th grade English textbooks (\$50-\$100/book)
- 20 copies of "Altaration: The Mystery of Mass Revealed" student workbooks for 9th Grade Religion \$22.33/ea.
- 48 egg count Incubator for Hatching in
- Microbiology (\$95.99)
 Environmental Science Lab resources: \$3,388.00
- Assorted beakers (\$60)
- Chemicals (\$50)
- Lead test swabs (\$30)

• 4 Thermometers (\$12/ea.)

- 4 Ring stands (\$60)
- 4 Mineral collections: \$140
- Whiteboards for Science classrooms
- 40 Manhasset 48 Black Standard Music Stands \$47.50/ea. (\$1398)
- 2 Manhasset 1910 Music Stand Storage
- Carts \$444.25/ea. (\$888.50)
- 5 Acoustic Shells \$3,000/ea
- Canon EF 70-300mm f/4-5.6 is II USM Lens with Altura Photo Essential Accessory Bundle for Journalism class -(\$500)

Technology

- Security Camera System (\$70,000)
- Door Access System (\$50,000)
- Backlit Keyboards for Keyboarding (\$50/board; need 25)
- 12 250 mL Polypropylene bottles with cap (Item #: AP8434) \$3.70/ea. (\$44.40)
 65" SMART Board Displays (\$3,750/board; need 9 total)
 - Laptops for Displays/Smarboards (\$800/laptop; need 16)
 - Chromebook Carts 30 Bay (\$800/cart; need one for Mrs. Hatting & Mrs. Herbst)
 - Dell Docking Station Mrs. Kellen (\$230)
 - Chromebooks (\$280/Chromebook) • Mrs. Clymer - 20 (\$5,600)

 - Mrs. Jodi Sitzmann 6 (\$1,680)
 - Mrs. Kellen 10 (\$2,800)

 - Mrs. Neary 6 (\$1,680)
 - Mrs. Schmitt 19 (\$5,320)
 - Mrs. Herbst 18 (\$5,040)
 - New 3rd Grade Teacher 18 (\$5,040)
 - Mrs. Hatting 15 (\$4200)

Building & Grounds

- Kitchen/Cafeteria Remodel & Expansion (approximately \$1 million remaining);
- New Fine Arts facility;
- Garage for school bus & vans;
- Repaint the main gym (\$13,000-\$15,000)
- Track repairs (\$7,000-\$75,000)
- Gym floor cost unknown at this time
- Memory Lane Lights (\$50,000)
- A/C in remaining High School rooms (unknown)
- Replace Elementary Boiler \$20,000

J-Club

- I-pads (\$300 each)
- HUDL extra options (\$250-\$1,000 per sport)
- Wellness center equipment
- Treadmill (\$400-\$1,500)
- Stationary bikes
- (\$150-\$300 each)
- Weight balls (\$20-\$100 each)
- Hip/Sled Press for weight room (\$)
- Uniform/warm-ups (\$2,000-\$4,000 per sport)
- Record boards (all sports shown in unison)
- J-Club table cloth (\$200)
- Softball Sound System (?)
- Back-stops for softball and baseball (\$6,000 per
- Softball field conditioner (\$4,000)
- Backboard light option to shot clock(\$2,000)
- Range finders 12(\$150-\$300)

News

- Jim & Barb (Frerichs) Sitzmann ('70 graduates) became Great Grandparents in 2020! Their granddaughter Ashley (Ellensohn) Englin blessed them with her daughter. Collins.
- Dave Schipper ('90) celebrated 10 years as Le Mars Fire Chief in 2020. He also currently serves on the Buildings and Grounds Committee at Gehlen Catholic School.
- Paris Schroeder ('16), Krayton Schnepf ('16) and Catalina Uribe (17) received white coats at the University of Iowa in May of 2021.
- Dr. Jared Langel ('07) started True Health Chiropractic, LLC in Le Mars, IA.
- Dr. Conor Kneip ('12) joined Meylor Chiropractic & Acupuncture in Le Mars, IA in 2022.

If you'd like to share your news with Gehlen Catholic, please contact ajungers@gehlencatholic.org





ALUMNI UPDATES

Deaths

- Peter Vander Meer Jr. ('53) entered into eternal life on January 2, 2020.
- Carol Ann (Puetz, '64) Janes entered into eternal life on October 16, 2020.
- John (Jack) Hoffman ('59) entered into eternal life on July 26, 2020.
- Shirley (Groves, '40) Sullivan entered into eternal life on November 14, 2020.
- Thomas "Tom" Langel ('69) entered into eternal life on November 28, 2020.
- Michael Miller ('82) entered into eternal life on November 28, 2020.
- William "Bill" Feldhacker ('66) entered into eternal life on December 1, 2020.
- Rosemarry (Erdmann, '43) Robinette entered into eternal life on December
- Marjorie 'Marge' (Puetz, '51) Black entered into eternal life on December 12, 2020.
- Margaret "Margie" (Hall, '55) Moir entered into eternal life on December 15, 2020.
- Larry "Buzz" Gotto ('65) entered into eternal life on December 27, 2020.
- Elizabeth Ann "Betty" (Peters, '59) Plueger entered into eternal life on January 29, 2021.
- Ruth (West, '72) Kral entered into eternal life on January 21, 2021.
- Jane (Tentinger, '69) Schmidt entered into eternal life on February 24, 2021. Judith (Wolf, '68) Holmberg entered into eternal life on March 1, 2021.
- Margaret (Kellen, '53) Alesch entered into eternal life on May 22, 2021.

- Michael A. Dreckman ('74) entered into eternal life on September 18, 2021. Leon Holzman ('56) entered into eternal life on October 14, 2021.
- Agatha "Aggie" (Nuebel, '41) Sitzmann entered into eternal life on October 19,
- Michael Schafer ('60) entered into eternal life on October 24, 2021. Robert P. "Bob" Miller ('74) entered into
- eternal life on November 1, 2021. Elizabeth (Kohout, '47) Hermes entered
- into eternal life on December 14, 2021. Marilyn (Baadte, '60) Laughton entered into eternal life on December 18, 2021.
- James Sheehan ('55) entered into eternal life on December 26, 2021.
- Rita (Delperdang, '47) Wiederholt entered into eternal life on January 10, 2022. Dr. Danny Kurth ('73) entered into
- eternal life on February 10, 2022. Phillip Sitzman ('69) entered into eternal
- life on February 16, 2022. Arlene (Allison, '51) Erdmann entered into eternal life on February 19, 2022.

Births:

- Gerardo Beltran ('17) & Vanessa welcomed a child, Julian on July 18,
- Emily (Tentinger, '09) Berkhoudt & Nate welcomed a child, Brynn Rose in August 2020.
- Kristin (DeRocher, '99) Teel & Mitch welcomed a child, Jackson on August 24, 2020.

- Melissa (Langel, '05) Galles & Jeremy welcomed a child. Owen on September 8, 2020.
- Derek Christoffel ('05) & Gina welcomed a child, Olivia on September 18, 2020. Drew Hoffman ('03) & Kayla welcomed a
- child, Brantlee on December 2, 2020. Megan (McCarty, '16) Meendering & Eric welcomed a child, Owen on December
- 24, 2020. Austin Sitzmann ('09) & Carlee welcomed a child, Calvin on January 28, 2021.
- Eric Loutsch ('11) & Joshalyn welcomed a child, Cooper on February 2, 2021. Brandon Langel ('05) & Rachel welcomed
- a child, Navya on March 10, 2021. Sara (Mayer, '10) Westhoff & Travis welcomed a child, Emma on April 13,
- Brittney (Schlichte, '09) Ruba & Michael welcomed a child, Rexton on May 24, 2021.
- Alison (Schnepf, '14) Snyder & Colby welcomed a child, Miles on July 7, 2021. Josh Schreiner ('10) & Kristin welcomed a
- child, Nora on August 31, 2021. Aaron ('05) & Kara (Krienert, '05) Bouma welcomed a child Jack, on October 25.
- Ashley (Sitzmann, '07) Powell & Trenton welcomed a child, Molly on November 7, 2021.
- Cole Heissel ('10) & Jacquelyn welcomed a child, Elena on December 10, 2021.
- Tyler Meyer ('10) & Sterling welcomed a child, Tessa on February 2, 2022.



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Pause for POSITIVITY!



During the month of November, student videos were created where they explained what they loved about school, things they were thankful for and topics they were learning in the classroom. The students reminded us of some pretty great things...

- It's okay to show your true self. It's the one God gave you and the one that he loves.
- Taco Bell starts with "T".
- Just one small act of kindness can change someone's whole day.
- Recess is pretty awesome too.

It isn't easy opening up in front of a camera, but the students did a great job of authentically sharing their story of being a part of Gehlen Catholic.

If you missed the Pause for Positivity videos, check out the Gehlen Catholic YouTube page!





